



Orthopedic Surgeon	Orthopedic Associates of Hartford/ Bone and Joint Institute/ Hartford Hospital 32 Seymour St, Hartford, CT 06106
Orthopedic Sports Medicine Fellow	University Orthopedics/ RI Hospital 2 Dudley St., Ste 200, Providence, RI 02905 August 2016- August 2017
Orthopedic Surgeon Contractor	Providence VA Medical Center 830 Chalkstone Avenue, Providence, RI 02908 August 2016-August 2017
Orthopedic Surgery Resident	University of Connecticut Health Center 263 Farmington Ave, Farmington, CT 06030 July 2011-June 2016
Clinical Lead Physical Therapist	Fletcher Allen Health Care/ University of Vermont 2004-2006
Staff Physical Therapist	Fletcher Allen Health Care/ University of Vermont 2001-2004

TEAM COVERAGE

University of Hartford Team Physician	2019-present
Hartford Wolfpack Associate Team Physician	2017-present
New Britain High School Football Team Physician	2017-present
Granby High School Football Team Physician	2018-present

COMMITTEES

CT Board of Examiners for PT	2019-present
Bone and Joint Institute Sports Health Service Line	2017-present
Residency Program Evaluation Committee	University of Connecticut, Dept of Orthopaedic Surgery 2012-2016

MEMBERSHIP IN SOCIETIES

American Orthopaedic Society for Sports Medicine	2016-Present
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<i>AJSM reviewer</i>	2018-Present
American Academy of Orthopaedic Surgeons	2011-Present
Connecticut Orthopaedic Society	2015- Present
American Medical Association	2007-2011
American Physical Therapy Association	1998-2007

## PUBLICATION LIST

### PEER REVIEWED PUBLICATIONS

Campbell RS, Lehr ME, Livingston A, McCurdy M, Ware JK. Intrinsic Modifiable Risk Factors in Ballet Dancers: Applying Evidence Based Practice Principles to Enhance Clinical Applications. *Phys Ther Sport* 2019; 38: 106-114.

Edgar C, Kumar N, Ware JK, Ziegler C, Reed DN, DiVenere J, Obopilwe E, Cote MP, Arciero RA. Incidence of Posteromedial Meniscocapsular Separation and the Biomechanical Implications on the Anterior Cruciate Ligament. *J Am Acad Orthop Surg* 2018

Cohen BH, DeFroda SF, Hodax JD, Johnson D, Ware JK, Fadale PD. The Arcuate Fracture: A Descriptive Radiographic Study. *Injury* 2018; 49: 1871-1877

Ware JK, Owens BD, Akelman MR, Karamchedu NP, Fadale PD, Hulstyn MJ, Shalvoy RM, Badger GJ, Fleming BC. Preoperative KOOS and SF-36 Scores are Associated with the Development of Symptomatic Knee Osteoarthritis at 7 Years After Anterior Cruciate Ligament Reconstruction. *Am J Sports Med* 2018; 46(4): 869-875.

Shah KN, DeFroda SF, Ware JK, Koruprolu SC, Owens, BD. Lateral Patellofemoral Ligament, an anatomic study. *Orthop J Sports Med* 2018; 5(12).

Kumar NS, Edgar C, Spencer T, Ware JK, Reed DN, Cote MP, Arciero RA. Anatomic Repair of Posteromedial Meniscocapsular Separation using an All-Inside Technique. *Arthrosc Tech* 2017; 6(4): e921-e926.

Virk MS, Manzo RL, Cote M, Ware JK, Mazzocca AD, Nissen CW, Shea KP, Arciero RA. Comparison of Time to Recurrence of Instability After Open and Arthroscopic Bankart Repair Techniques. *Orthop J Sports Med*. 2016; 4(6).

### BOOKS AND BOOK CHAPTERS

Ware JK, Owens BD.(2018) Arthroscopic Double Row Rotator Cuff Repair. In Fu FH, Lesniack B. Master Techniques in Orthopaedic Surgery: Sports Medicine, 2ed.

Ware JK, DeBerardino TM, Dukas AG.(2018) All-Inside Retroconstruction: Single and Double Bundle Techniques. In Prodomos C, Finkle S. *The Anterior Cruciate Ligament: Reconstruction and Basic Science*, 2<sup>nd</sup> ed. Philadelphia PA: Elsevier

Dukas AG, DeBerardino TM, Ware JK.(2018) Arthrex Tightrope Fixation of a Soft Tissue Graft. In Prodomos C, Finkle S. *The Anterior Cruciate Ligament: Reconstruction and Basic Science*, 2<sup>nd</sup> ed. Philadelphia PA: Elsevier

Ware, JK; Browner, BD; Pesanti, EL; Stock, H; Murray, C. (2014) Chronic Osteomyelitis. In Browner, BD; et al. Skeletal Trauma 5th ed. Philadelphia, PA: Saunders

### ABSTRACTS

Edgar CE, Ware JK, Obopilwe E, Ziegler C, Reed DN, Arciero RA. Posteromedial meniscocapsular tears: prevalence, detection sensitivity, biomechanics, and repair techniques. Scientific Exhibit SE 81. Presented at AAOS 2015 annual meeting.

Ware JK, Akelman MR, Owens BD, Fadale PD, Hulstyn MJ, Fleming BC. Predictors of a symptomatic knee following ACL reconstruction: 84 month follow up. Poster presentation AOSSM annual meeting 2017

Cohen BH, Hodax J, Ware K, Defroda S, Sobel A, Johnson D, Fadale P. "The Arcuate Fracture: A Quantitative Radiographic Analysis of Fracture Patterns and Biomechanical Evaluation of Fixation Techniques". Rhode Island Orthopedic Society. June 2018. Providence, RI

Hodax JD, Cohen BH, Ware K, Defroda S, Sobel AD, Johnson D, Fadale PD. "The Arcuate Fracture: A Quantitative Radiographic Analysis of Fracture Patterns and Biomechanical Evaluation of Fixation Techniques". Warren Alpert Medical School Danforth Oration. Providence, RI. May, 2018

Fleming BC, Ware JK, Preoperative Patient Reported Outcomes Predict the Development of Symptomatic Knee Osteoarthritis Following ACL Reconstruction Surgery at 7 year Follow-up. Poster presentation ORS 2018 annual meeting 2018

### INVITED PRESENTATIONS

Electromyographic analysis of three functional lower extremity reaches and the single leg squat. Master's thesis defense. University of Connecticut, Storrs, CT. 2001.

Evaluation and treatment of the injured runner. UVM Primary Care Sports Medicine Conference; Burlington, VT. 2005.

Biomechanical factors in running injuries. American Physical Therapy Association, VT Chapter Fall Meeting, Burlington, VT. 2005.

### TEACHING ROLES

Clinical Associate Faculty University of Connecticut Department of Orthopedic Surgery  
2/26/2019-present

Teaching Assistant for University of Connecticut Medical School- musculoskeletal anatomy lab. Approx. 100 students. 2011.

Lab Instructor, AANA Fundamentals in Arthroscopy Course. January 2017, February 2018